

Outdoor Soccer League Rules
6v6 format Half Field

I. Players and Team Composition

- 1A. All players must fill out a league waiver and have a valid Player's Card to be eligible to play.
- 1B. There must be a maximum of 6 players on the field. Coed leagues must field 4 men (max) and 2 women (minimum).
- 1C. Premier Coed Sports rules allow a team to play 5 people (minimum 2 females). Anything less is up to the opposing captain and/or staff members to decide. There is no maximum limit to the amount of females which must be on the field.

II. Roster Changes

- 2A. Roster changes will be accepted via email, mail and in person at the pre-event Captains' Party.
- 2B. All roster changes must be approved by Premier Coed Sports before the 4th game of the season.
- 2C. No player changes will be accepted after 4th game of the season and player changes will not be accepted due to injury.
- 2D. A team will forfeit any game in which it is determined that a player has participated who is not listed on the final team roster or is not of legal age.
- 2E. Official roster change must be submitted by the Team Captain and include:**
- Team name, new player name and name of person being replaced.
 - Valid Player Card

III. Equipment & Uniforms

- 3A. All game balls are to be provided by the HOME TEAM.
- 3B. Shin guards are REQUIRED.
- 3C. Molded cleats or tennis shoes are the only allowable footwear. **NO METAL CLEATS ARE ALLOWED.** Shoes must be worn at all times.
- 3D. By the second week, all players on a team should have a numbered shirt of the same color, with the goalkeeper wearing a jersey contrasting that of his or her team and the opposing team.
- 3E. Jersey color assignments in the event of a "same color" conflict, home team will wear a "dark" color and the visitors will wear a "light color." Teams should bring two jerseys to each game to avoid a conflict.

IV. Game Duration

- 4A. Adult teams will play two 25 minute halves with a two minute half time.
- 4B. There will be a coin toss at the start of every game. The team that wins the coin toss at the start will have first choice to kickoff or choose a goal to defend.
- 4C. The referee will start each game time as scheduled. If the players are not ready, the clock will still start as scheduled. Play will begin as soon as the minimum of 5 players (3 male, 2 female) are on the field.
- 4D. Time will run continuously, except for serious injuries.
- 4E. Teams will be given five minutes after the scheduled start time of the match to present the minimum of 5 players, required for a match.
- 4F. If a team fails to present the minimum of 5 players (3 male, 2 female in coed leagues) after the five minutes have passed, they will be issued a forfeit.
- 4G. There will be no overtime periods, or shootouts in the regular season, only during playoffs.
- 4H. **Playoffs:**
- If the score is tied at the end of regulation, each team will remove one field player (4v4 + GK – minimum of 2 females is still in effect), and there will be a sudden death overtime period of three minutes.
 - If still tied, we move to sudden death "PK's"
 - A female will take the first PK, followed by a male, female, male, etc.

V. Game Play

5A. **Kickoffs:** Consists of the ball being placed at midfield. The ball must complete 1 forward rotation before being touched by another player.

5B. All kicks are direct. There are no Indirect kicks in outdoor leagues.

5C. After goals the ball will be restarted by the goalie and must occur within 30 seconds.

5D. **NO SLIDING or SLIDE TACKLING.**

5E. Goals will be 6x12 in size.

The Premier Coed Sports coordinator and referee have the right to spot check rosters at any time. Players must have a valid Player's Card and a signed waiver before stepping on the field of play.

Additional rules and policies may be added or amended by Premier Coed Sports before or during the season.